



## CORRECTIVE EXERCISE

- ✓ 1-on-1 Training
- ✓ Exercise Safely
- ✓ Ideal for Medical Conditions

This program provides 1-on-1 personal training by medical exercise professionals.

Helps improve conditions such as:

- Balance Impairment, Stroke Recovery, Parkinsons, Diabetes, Scoliosis, Joint Replacement Recovery, etc.

### 30 Minute Sessions

4 Sessions	\$100
8 Sessions	\$180
12 Sessions	\$240

Call **828.326.3680** for more information