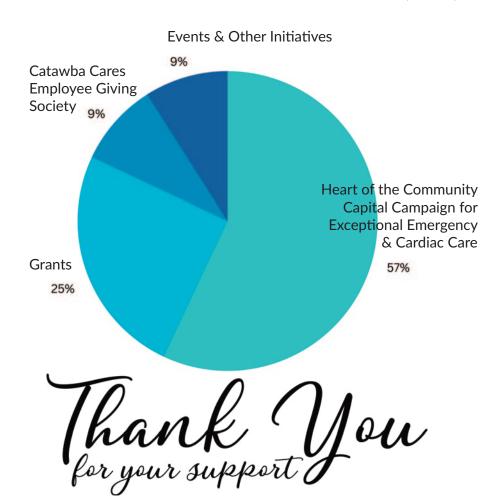


Total Donations Fiscal Year 2022 - \$1,208,500



CMF Funding for CVHS Projects

\$619,340



To our supporters,

Thank you! It's not enough to say those two words and properly express our genuine gratitude to you. In order to be the best community health system, we truly count on our financial partners to champion our work. And you have come through ... AGAIN!

While COVID-19 still threatens, Catawba Valley Health System is facing the future with renewed hope and a strengthened mission to provide our neighbors "Exceptional Healthcare. Every Person. Every Time." through innovative care with compassion. We know you want outstanding healthcare close to home, and Catawba Medical Foundation is committed to raising the additional funding to make it happen. You are part of this commitment with every gift you give.

Inside this report, we hope you will see the many ways your contributions support Catawba Valley Health System both behind the scenes and in our newest building projects. We are proud of the work we can do with your help and are excited to share what has happened within the last fiscal year.

Providing the best possible healthcare for the Catawba Valley is an ongoing pursuit. We know our patients count on us and that's why we count on you. Please consider Catawba Medical Foundation in your giving plans this year or in your future estate plans. The health of our community is counting on you.

Guy Guarino

Colby Bolick



Guy Guarino
Chief Development
Officer



Colby Bolick
President, Board of
Directors

Catawba. The Heart of the Community.

A campaign for exceptional emergency and cardiac care is coming to life!





The first phase of the Emergency Department/ Heart Center opened in July 2022. The first phase provides additional Emergency Department (ED) treatment rooms and a modern, dedicated safe zone for behavioral health patients within the expanded ED. Features of the safe zone include four private rooms, two group rooms, and a multi-patient dayroom, all under the supervision of a visual control center where staff can monitor the patients. This technologically advanced concept provides the best safety measures for patients, families, and staff.

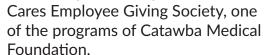
This is the first part of a five-phase building program that will increase the capacity of the ED, offer specialized emergent care spaces for our behavioral health patients, and provide a dedicated heart and vascular center with all services in one area. Completion is expected in April 2024.

Improving health, one needle stick at a time!

Introducing the new VAT program.

Many people consider needle sticks as the worst part of a hospital visit. And when you have a condition like cancer, it can be even more difficult to get access to the needed vein. To create a more efficient and comfortable process, Catawba Valley Medical Center has established a specialized Vascular Access Team (VAT).

This team of three registered nurses will be specifically trained on a Site-Rite 8 Ultrasound System that simplifies the process of accessing veins for PICC (peripherally inserted central catheter) and midline catheters by using ultrasound imaging. Funding for the new ultrasound device was provided by the Catawba





Pictured (I to r): Josh Coffey, Stacey Martin, Barbi Mills, Niki Hilton, and Bradley Morgan, team members



"With this device, the trained nurses will typically be able to obtain vascular access in one attempt," said Bradley Morgan, director of Critical & Intermediate Care. "Getting it the first time decreases patient discomfort and the risk of infection and trauma."

Creating a Vascular Access Team is just another example of Catawba Valley Health System delivering on its promise to provide innovative and compassionate care.

Community Health Initiative

Partnering to Improve the Healthcare of our Community

Because Catawba is the heart of the community, we believe that it is imperative to partner with other organizations in the area to improve access to healthcare. One of our community partners is Greater Hickory Cooperative Christian Ministry (GHCCM).

Together CVHS and GHCCM have collaborated to receive funding from the Duke Endowment to expand a network of care for the low-income, uninsured in Catawba and Alexander Counties that encourages primary care at the GHCCM clinic instead of the Emergency Room. Working together for 10 years on this project, more than 700 residents have received primary care, including provider visits, medication, diabetes education, peer support, and counseling — services that otherwise would be unmet and likely to cause long-term and even terminal issues.

According to Molly Sain, medical clinical director of GHCCM, without the help of Guy Guarino, chief development officer of CVHS and Catawba Medical Foundation, this program would not



GHCCM Director of Development Linda Wade and CVHS Chief Development Officer Guy Guarino meet to complete documents before submission to The Duke Endowment.

be possible. "It means so much to have Guy Guarino as our representation for The Duke Endowment," she said. "Guy truly cares about the uninsured in our community, believes in our ministry, and believes in the work we do for our community."

Can't Beat Our Volunteers!

Even COVID-19 couldn't keep our volunteers down. After a forced pandemic sabbatical, the Volunteer Program at CVHS started back busier than ever!

Beyond staffing the front desk and helping patients find their way around, volunteers staff our gift shop, help in Day Surgery, cuddle babies, and help make our patient experience much better!

Recently featured in the local news, our Pet Therapy program started back to cheer both patients and staff. Specially trained pets and owners help relieve the stress of staff and encourage patients who need some special attention that only pets can provide.

If you are interested in becoming a volunteer, please visit the health system website at catawbavalleyhealth.org or contact Kelli Webber at kwebber@cvmc.us.



A Few Projects Because of YOU!

Making time to de-stress is important during a pandemic when our staff is working tirelessly.





Catawba Medical Foundation supplied cornhole boards for the courtyard and provided chair massages to help staff relax. Being able to provide small treats for encouragement because of your generosity is the best part of our jobs.

We didn't just focus on small projects: Dr. Brian Krenzel models our new Hana surgical table in the Operating Room. This table allows for surgeons to have enhanced patient positioning so they have better access to the surgical site. Better access leads to better outcomes.



810 Fairgrove Church Rd SE Hickory NC 28602

As We Move Forward ...

We Still Need You!

You can be a part of keeping excellent healthcare close to home by giving. Donate online at **CatawbaMedicalFoundation.org** or mail a check to:

Catawba Medical Foundation 810 Fairgrove Church Road SE Hickory, NC 28602

or use this QR code

Support CMF

Let us tell you more about our Legacy Society Planned Giving Program. Call Guy Guarino at 828-326-3817 or email gguarino@cvmc.us.